



Nuotatori Milanesi is host to the

TROFEO CITTÀ DI MILANO



VENUE

Swimming pool "Daniela Samuele" . via Trani 1, Milano
50 mt - 8 lane swimming pool Friday and Saturday
25 mt - 8 lane swimming pool on Sunday

DATE

Friday April 23rd
Saturday April 24th
Sunday April 25th

TIMING

Electronic Timer
provided by Italian
Time Keepers Federation

CATEGORIES

Absolutes category on 23rd/ 24th
Youth categories on Sunday April 25th

FRIDAY April 23rd

Races beginning at 3.00 pm (warm up at 2.00 pm)

200 freestyle . 200 butterfly . 200 backstroke
200 breaststroke . 800 freestyle women
1500 freestyle men

SATURDAY April 24th

Morning

Races beginning at 9.30am (warm up at 8.30 am)

50 butterfly . 100 backstroke . 50 breaststroke
100 freestyle . 400 individual medley

Afternoon

Race beginning at 3.30pm (warm up at 2.30pm)

400 freestyle . 100 butterfly . 50 backstroke
100 breaststroke . 50 freestyle . 200 individual medley

SUNDAY April 25th

Morning

Races beginning at 9.00am (warm up at 8.00 am)

200 breaststroke . 50 butterfly . 100 backstroke
200 butterfly . 50 breaststroke . 100 freestyle
400 individual medley

Afternoon

Race beginning at 3.00pm (warm up at 2.00pm)

400 freestyle . 200 backstroke . 100 butterfly
50 backstroke . 100 breaststroke . 50 freestyle
200 individual medley . 200 freestyle

REGULATION

- Each athlete can take a part in no more than 3 individual races
- Juniores Athletes can be enrolled on the Friday and Saturday races with Absolute Category only if the athlete is ranked in the first 40 places of 2019/2020 national list
- Sunday April 25th: will be accepted the best 8 times for each category and gender in 200 fly - 200 back - 200 breast - 200 free
- Points are awarded to the 8 fastest swimmer (9 point to the first one, 7 points to second one and so on till 1 point to 8th one)
- For anything not considered by this regulation, the Italian Swimming Federation Regulation apply.

REGISTRATION

- The entry fee is 7,00 Euro per race.
- The payment can be made at the venue administration office on the same day or by bank transfer to the following bank account IBAN code: IT 90 U 05034 50241 000 000000 198. In case of bank transfer the payment receipt must be shown.
- Entry times must be achieved in 25 m pool
- The organizing club reserves the right to close registration ahead of time. The announcement will be published (posted) on the web site www.trofeocittadimilano.it

PRIZES

- The first three athletes in each race will be awarded with medals and (technical) gadgets.
- The first 8 clubs in the rank list will be awarded , while the first Club in the rank list will win the "Città di Milano" Trophy.
- Winning club-coach will receive a € 500,00 prize, the second place club-coach will receive € 300,00 and the third place clubcoach in the rank list will receive € 200,00.

For any logistic, detailed information (hotels and convention meals) and registration please contact the organizing club sending a mail to

trofeo@nuotatorimilanesi.it

The organizing club declines any liability to what could happen to athletes, managers, coaches and carers before, during, and after the event.

