

ASD Nuotatori Milanesi is host to the

9° TROPHY "CITTÀ DI MILANO"



VENUE

swimming pool "Daniela Samuele",
via Trani 1, Milano
50 mt – 8 lane swimming pool Friday and
Saturday
25 mt – 8 lane swimming pool on Sunday

DATE

Friday March 1st , Saturday March 2nd,
Sunday 3rd 2019

TIMING

Electronic Timer provided by Italian
Time Keepers Federation

CATEGORIES

Absolutes category on 1st/2nd
Youth categories on Sunday 3rd

FRIDAY March 1st

Races beginning at 3.00 pm (warm up at 2.00 pm)

200freestyle 200butterfly 200backstroke

200breaststroke 800freestyle women

1500freestyle men

SATURDAY March 2nd

Morning

Races beginning at 9.30am (warm up at 8.30 am)

50butterfly 100backstroke 50breaststroke

100freestyle 400individual medley

Afternoon

Race beginning at 3.30pm (warm up at 2.30pm)

400freestyle 100butterfly 50backstroke

100breaststroke 50freestyle

200individualmedley

SUNDAY March 3rd

Morning

Races beginning at 9.00am (warm up at 8.00 am)

200breaststroke 50butterfly

100backstroke 200butterfly 50breaststroke

100freestyle 400individual medley

Afternoon

Race beginning at 3.00pm (warm up at 2.00pm)

400freestyle 200backstroke 100butterfly

50backstroke 100breaststroke 50freestyle

200individualmedley 200freestyle

REGULATION

- Each athlete can take a part in no more than 3 individual races
- Juniores Athletes can be enrolled on the Friday and Saturday races with Absolute Category only if the athlete is ranked in the first 40 places of 2017/2018 national list.
- Sunday March 3rd: will be accepted the best 8 times for each category and gender in 200fly – 200back – 200breast – 200free
- Points are awarded to the 8 fastest swimmer (9 point to the first one, 7 points to second one and so on till 1 point to 8th one
- For anything not considered by this regulation, the Italian Swimming Federation Regulation apply.

REGISTRATION

- The entry fee is 7,00 Euro per race.
- The payment can be made at the venue administration office on the same day or by bank transfer to the following bank account IBAN code : IT 90 U 05034 50241 000 000000 198. In case of bank transfer the payment receipt must be shown.
- Entry times must be achieved in **25 m pool**
- The organizing club reserves the right to close registration ahead of time. The announcement will be published (posted) on the web site www.trofeocittadimilano.it

PRIZES

- The first three athletes in each race will be awarded with medals and (technical) gadgets.
- The first 8 clubs in the rank list will be awarded , while the first Club in the rank list will win the "Città di Milano" Trophy.
- Winning club-coach will receive a 500euro prize, the second place club-coach will receive € 300,00 and the third place club-coach in the rank list will receive € 200,00.

For any logistic, detailed information (hotels and convention meals) and registration please contact the organizing club sending a mail to trofeo@nuotatorimilanesi.it

The organizing club declines any liability to what could happen to athletes, managers, coaches and carers before, during, and after the event.



www.nuotatorimilanesi.it / www.trofeocittadimilano.it
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